

FALL 2008 ORIENTATION DATES

SESSION	DAY	DATE	TIME	STAFF	LOCATION
1	Wednesday	August 20	10:00 a.m.	Cheryl	T-146
2	Monday	August 25	12:30 p.m.	Cheryl	T-146
3	Tuesday	August 26	9:30 a.m.	Cheryl	T-146
4	Tuesday	August 26	6:30 p.m.	Tina	T-146
5	Wednesday	August 27	11:00 a.m.	Cheryl	T-146
6	Wednesday	August 27	6:00 p.m.	Tina	Prairie Center
7	Thursday	August 28	12:30 p.m.	Cheryl	T-146
8	Saturday	August 30	8:30 a.m.	Staff	T-146
9	Tuesday	September 2	11:00 a.m.	Cheryl	T-146
10	Tuesday	September 2	7:00 p.m.	Tina	T-146
11	Wednesday	September 3	4:00 p.m.	Pam	T-146
12	Thursday	September 4	1:30 p.m.	Cheryl	T-146
13	Friday	September 5	9:00 a.m.	Cheryl	T-146
14	Monday	September 8	11:00 a.m.	Cheryl	T-146
15	Saturday	September 13	10:30 a.m.	Staff	Prairie Center

*Please call for an orientation appointment at: 708/709-3779

YOU MUST HAVE AN ORIENTATION BEFORE YOU BEGIN YOUR WORKOUTS!